



User Manual

Natural Tension and Headache Relief Acupressure Hand Clip

### Features:

- Kaydia provides positive pressure on the HeGu Li-4 acupressure point for natural and drug-free tension and headache relief
- Extra-large copper acupressure contact points promote blood circulation and are anti-bacterial
- Precise, consistent pressure for ease of use
- Ambidextrous & one-size-fits-most ergonomic design
- Comfortable, low-profile design for those with an active lifestyle

#### Care & Maintenance:

- There is a protective coating on the copper acupressure points to keep it in good condition, it will soon wear off while being used so that you can benefit from the copper properties.
- Oxidation of copper is a natural occurrence, do not be alarmed when the metal surfaces starts to change in color, it can be cleaned easily.
- Regularly wash your Kaydia Clip with soap and water.
- When oxidation/tarnishes start to show, take a soft cloth to buff the copper components with either vinegar, lemon/lime juice and or baking soda. Rinse with water afterwards.

#### Contents:

■ 1 x Kaydia acupressure hand clip

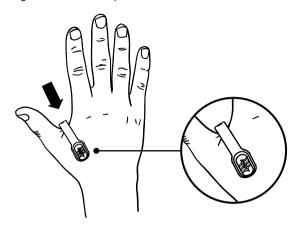
# **Using Instructions:**

1. Hold out your hand

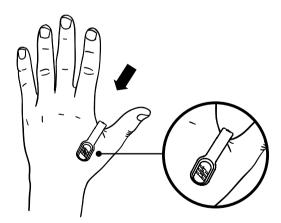
2. Move your thumb to rest along your index finger. At the end of the crease between your thumb and index finger is your HeGu Li-4 point.



**3.** Pinch Kaydia Hand Clip onto Li4 point on hand. Make sure you can read the words "RIGHT" on the top of your right hand for correct postion.



**4.** Apply the same for your left hand. The words "LEFT" on the top of your left hand for correct position.



## WARNING

- Not suitable for expectant mothers
- Do not wear for over 30 minutes at a time

Size: 180 x 180mm 105銅版,對折4次

